



SPRINGHILL  
HOSPICE

*Making every moment count*

# Springhill News

## Spring/Summer 2022



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PROUD TO  
SUPPORT



Hello! Welcome to the Spring/Summer edition of our Hospice Newsletter!

As we welcome the return of longer, lighter days we are so excited to be able to invite you to join in with our fundraising events.

Despite all of the challenges and difficulties that we have faced in our own lives, and as a Hospice, our extremely dedicated and creative staff, volunteers and supporters have overcome every obstacle the pandemic has thrown at us.

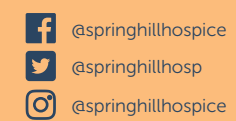
The care provided by Team Springhill would not be possible without the ongoing dedication of you, our supporters. Whether you are making a monthly donation, playing our Lottery, shopping with us or fundraising, you ensure that patients can access specialist care at a time and in a place they most need it.

I hope you enjoy reading about what we've been up to, what we've got planned and how you can get involved to help make every moment count.

Thank you for your kindness and support.

*Emily.*

Emily Kennedy  
Director of Corporate Services



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<p><b>Springhill Hospice</b></p> <p>Broad Lane, Rochdale, OL16 4PZ T. 01706 649920 W. <a href="http://www.springhill.org.uk">www.springhill.org.uk</a></p>	<p><b>Fundraising Office</b></p> <p>Springhill at the Craven 7 Broad Lane, Rochdale, OL16 4PZ T. 01706 641790 E. <a href="mailto:fundraising@springhill.org.uk">fundraising@springhill.org.uk</a></p>	<p><b>Lottery Office</b></p> <p>T. 01706 631013 E. <a href="mailto:fundraising@springhill.org.uk">fundraising@springhill.org.uk</a></p> <p><b>Retail Office</b></p> <p>T. 01706 656994 E. <a href="mailto:retail@springhill.org.uk">retail@springhill.org.uk</a></p>
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## Day Therapies

Earlier this year we began welcoming patients back to our Day Therapies service. Day Therapies offers people respite, time to relax, to spend time with others and the opportunity to learn a new hobby or craft. Our patients are also treated to their lunch and unlimited cups of tea!

We spoke to Margaret and Wendy, two of our Day Therapies patients, who became friends after meeting at the Hospice. They told us about their experience of Day Therapies and what it means to them.

### Wendy

*"I come to Day Therapies every Tuesday, it really does just take your mind off everything.*

*"Both of us felt the same when we were asked to come to Day Therapies, but then when you get here, and see it, you think 'wow' it's nothing like what I thought it would be.*

*"It's something that we need and it takes your mind off things rather than being sat at home all day doing nothing. It's just so lovely. All the staff are just lovely and really friendly too."*



### Margaret

*"For me, I live on my own and sometimes I get depressed and Day Therapies lifts me. I like coming here, I've made some really good friends. I like just chatting and exchanging views.*

*"The craft sessions really help because you can lose yourself in it. You're not thinking about the worst things; you're not getting depressed or thinking*

*"I'm getting more ill! I've never been a crafty person so I really like the things that I've learnt and I can take them home to do as well.*

*"It's just a day where you can lose yourself and relax. You don't have to do anything. You are getting taken care of and it's a safe environment."*

Margaret and Wendy take part in weekly craft sessions with our Creative Therapist and other Day Therapies patients. These sessions allow our patients time to focus on a crafty project and socialise with others along with learning something new.

Unfortunately, due to Covid-19, the services that we can offer through Day Therapies are currently limited to art and craft sessions, quizzes, armchair exercises, seated bowling and discussion groups. In the future, when we are able, there will be more therapies and activities resuming.



For more information about accessing our Day Therapies services please call **01706 649920**.

# Sunflower Appeal

As we step into summer we are going to fill Springhill with sunflowers!

Our Sunflower Appeal is your opportunity to dedicate one of our bright sunflower plaques in memory of your loved ones. Your sunflower plaques will be displayed in the Hospice gardens and will be available to take home from our Summer Garden Celebration on Sunday 7th August. You can then display your plaque at home, or in that unique place where you can remember your special person.

## Louise's Story

Like many people in Rochdale I have always been aware of Springhill Hospice, but never really knew how much care they provided. All this was about to change.

My mum, Christine, was diagnosed with lung cancer in August 2017. Her prognosis was good and the plans were laid out for her treatment. But cancer had other plans for my mum and after a six month battle we were told that there was nothing more that could be done for her.

Mum didn't want to come home to die and asked if she could go to the Hospice. My wonderful friend, Claire, who is a nurse at Springhill, helped to make this happen for Mum. Claire arranged for her to be brought from Fairfield Hospital to the Hospice. As soon as Mum was brought into the Hospice the love and warmth hit us. Her face relaxed and she was happy. One thing I will never forget is one of the volunteers asking what she wanted to drink, laughing she said, "Oh I will have a Gin and Tonic!"

Two minutes later in came a G&T! She texted me that night saying she was a little tipsy! Mum received amazing care and love in her last few days at the Hospice and nothing was too much trouble.

The staff were also amazing with my dad, my brother, me and our children. Explaining things to us all; being a support and a shoulder to cry on.

Mum died on the 15th January 2018, peacefully and respectfully in the Hospice. That night the staff let us sit with her for as long as we needed and for that I will be eternally grateful.

The ten days Mum was in the Hospice showed me what an amazing place it is. From the reception staff to the cleaners, the nurses and the volunteers. The love and care that you receive can never be put into words.

I can never say thank you enough to everyone who cared for Mum, and also my family. The one way I can show my thanks is to help raise money for them whenever I can. We buy a sunflower plaque for the Sunflower Appeal and we also support Light up a Life at Christmas.

Thank you from the bottom of my heart for being the people you are and for the care you provide. Springhill really is one in a million.



For more information about how you can dedicate a plaque visit our website [www.springhill.org.uk/sunflower-appeal](http://www.springhill.org.uk/sunflower-appeal) call our Fundraising Office on 01706 641790 or email the team on [fundraising@springhill.org.uk](mailto:fundraising@springhill.org.uk)

# Summer Garden Celebration

Save the date:

Sunday 7th August  
11am-3pm

Time to enjoy the Summer at Springhill!

Here at Springhill Hospice we are renowned for our outstanding and award winning gardens. With Summer just around the corner, we are excited to invite you, your family and friends to come along to

our Summer Garden Celebration and enjoy our lovely gardens when they are in full bloom.

Come and soak up the magnificent surroundings of our beautiful gardens on Sunday 7th August. The day will be packed full of fun with garden games and summer stalls. Refreshments will be available so you can enjoy a drink and something to eat while relaxing in our scenic gardens. You can even bring your own chairs and a picnic so you can really soak up the sun! Everyone is welcome and the event is free of charge!

For more information please visit, [www.springhill.org.uk/summer-garden-celebration](http://www.springhill.org.uk/summer-garden-celebration)



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# The Makin Memories Foundation

The Makin Memories Foundation has been created by Kirsty Makin and Amy Mason. Kirsty's husband and Amy's brother, Tom, died in June 2019 aged 29. Whilst Tom was still here, together with Kirsty and Amy he wanted to create lasting memories for his and Kirsty's two daughters, Lydia and Lyla.

The Foundation is a wonderful new project, led by Kirsty and Amy, to help those with young families create long lasting memories and to help cope with the grief of losing a loved one in the same way that it helped them.

*"When Tom knew that he was going to die, we wanted to try and think of things that he could leave the girls. Tom found a lovely website and they did really pretty memory boxes so we bought one for each of our girls and wrote them both a letter and put it in the box. We also had necklaces made. We got one for Tom that he wore and one for Lydia. She sometimes wears that for school if she is feeling a bit sad.*

*"We also made memory bears. Tom was able to leave a voice recording for both the girls in their bears. We've also had some bears made out of his clothes. We had those made for his nieces and nephews as well."*

The daily pressures of their situation meant that Kirsty was looking after both her children and caring for Tom too.

Kirsty had the help of family to make sure they were able to make and



create their memory boxes, bears, jewellery and more for the girls. The help that Kirsty received from family is what inspired her and Amy to want to help others in a similar situation.

*"We thought it would be a really nice idea and a way to help other younger hospice patients with children who also find themselves in this horrendous situation.*

**"Help those with young families create long lasting memories"**

*"In some cases, people don't have the kind of support network that we had. I would not have been able to think about making the memory boxes and the other things on top of looking after Tom and the girls.*

*"A lot of people have financial pressures too, so we thought it would be a nice way of being able to help people so they are not having to worry about it. It also means that they are able to put things in place that their children can look back on and cherish."*

Kirsty and Amy are now starting to help other families who need the Hospice's services to create their own memory boxes and other mementos they can leave for their children.

Kirsty and Amy will meet with families and spend time getting to know them so they can then work out what is suitable and what they feel will provide the best experience and memories for them and their children. The service is free of charge and there is a wide selection of items to help capture those special memories from hand casts to memory boxes, teddy bears and books.

The Foundation will also provide vouchers for Build-a-Bear to create a personalised bear with voice recording.

Kirsty knows first-hand how helpful and important it has been that Tom was able to leave memories and messages for his two children.

*"Lydia saw Tom's ashes box and asked what was in it and it opened up the conversation. We read a book and it talked about a memory box and she asked, 'have I got one?' I told her she did. She hadn't seen it before because she was a bit too young, but she got so much comfort out of it. She read the letter that Tom wrote to her and then she asked if we could go to his wardrobe to pick some of his clothes to put in the box. So I can see the benefit that it will have for people."*

Both Kirsty and Amy have been on a journey together and being able to help Springhill in Tom's memory has been important to them and, hopefully, to many families in the future.

*"I think it has been a bit cathartic for Amy and I, to just feel like we're doing something positive. We never spoke to Tom explicitly about doing this, it came to us afterwards, but he always said that he wanted us to do something positive out of this. It makes us feel like there has been a small positive to have come out of it all."*



The Makin Memories Foundation

in memory of Tom Makin serving SPRINGHILL HOSPICE Making every moment count



# A gift in your will can help secure our future

When you leave a gift in your will to Springhill Hospice, you help ensure we can continue to be here for everybody who needs us.

Your gift, no matter how large or small, will mean patients living with a life-limiting illness have access to the highest standard of specialist care and support.

If you would like more information about how to leave a lasting gift to Springhill Hospice in your will, please email [fundraising@springhill.org.uk](mailto:fundraising@springhill.org.uk) or ring **01706 641790**.



# Make a Will Month

**Do you have your affairs in order? Does your current will need to be updated? There is no time like the present and throughout May Springhill Hospice is here to help.**

We have partnered with local solicitors who are generously giving their time and will writing services free of charge during the month of May. All they ask is that you donate their usual fee to Springhill Hospice instead.

To organise an appointment, contact one of our partnered solicitors using the details below.

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Meet some of our Make A Will Month partner solicitors:



Left to Right: Lisa, Aamna & Judith from Molesworth Solicitors



Philippa from Waldron and Schofield/McHale



Louise from AST Solicitors

Appointments are limited and available on a first come first served basis.

As part of Make a Will Month why not think about leaving a charitable gift in your will? If you choose to write your will during our Make a Will Month we hope you'll consider leaving a gift in your will to Springhill Hospice (although there is no obligation to do so).

For more information you can visit [www.springhill.org.uk/make-a-will](http://www.springhill.org.uk/make-a-will)

# Walk to Remember

Step out and step up for Springhill Hospice in memory of your loved ones.

In 2021 our first Walk to Remember saw 230 adults and children come together to walk a 10-mile circular route through Rochdale. You raised enough to provide two full days of care from the specialist care teams at Springhill.

Back for its second year, you are invited to take on the challenge by lacing up your boots and walking to remember your loved ones on September 17th.

Our Walk to Remember is a 10-mile circular route following a scenic trail to, and around, Ogden Reservoir then back to the finish line at Springhill Hospice where you will be presented with your medal and have the chance to enjoy some well-earned refreshments.

You will be able to proudly display a message on your t-shirt celebrating your loved ones who you will be remembering during the walk.

We invite you to join in with this fantastic and vibrant event to pay tribute to your loved ones. You don't have to have a link to the Hospice, or be walking in memory of someone to take part, everyone is welcome!

For more information about registering, please visit [www.springhill.org.uk/walktoremember](http://www.springhill.org.uk/walktoremember) or email [fundraising@springhill.org.uk](mailto:fundraising@springhill.org.uk) or call the Fundraising Team on **01706 641790**.



# Dementia Care Project

In 2021 Springhill Hospice applied for a grant through the Barclays 100 x 100 Community Fund, and was awarded £100,000 for our new Dementia Care Project. In April this year we were able to launch the project which will allow the Hospice to begin providing specialist care to patients diagnosed with Dementia.

## What is the Dementia Care Project?

Here at Springhill we know how complex a condition Dementia is and that those suffering with the disease deserve the same palliative and end of life support as those with other life-limiting conditions.

Although we have cared for a number of patients with Dementia, we wanted to be able to give them, and their families, more specialist care and the best support that we can.

The Dementia Care Project has allowed us to recruit a Dementia Specialist Nurse who will work across the Hospice, giving support to our clinical teams, ensuring that we can deliver the best care to patients and their families.

The funding will also allow us to provide more education and training for our clinical teams, which, together with growing staff numbers, will provide improved Dementia care across the whole Hospice.

Margaret Diggle,  
Dementia  
Specialist Nurse



## Why is our Dementia Care Project important?

More and more people are suffering from Dementia and it is now recognised as a life-limiting illness.

As a Hospice we pride ourselves on our excellent palliative care and end of life support for patients and their families and we want to develop and continuously improve this for all our patients.

The initial project will be funded for 2 years. At the end of the project our aim is to be in a position whereby Dementia care will be an intrinsic part of the services we offer at the Hospice.

Sheila Johnson, Director of Clinical Services said, "To be awarded this funding by the Barclays 100 x 100 Community Fund is really exciting. The recruitment of a Specialist Dementia Nurse to work across all our clinical services will make a huge difference in our ability to care for patients with Dementia and to support their families. In addition, Specialist Dementia training will enhance the knowledge and skills of our existing workforce in order for us to best care for these patients."

Examples of the equipment we use with our Dementia patients to help them with sensory exploration, interaction and relaxation.



# SPRINGHILL Lottery

Did you know that here at the Hospice we have our own Lottery? For just £1 a week you could be in with the chance of winning up to £10,000! However, that £1 a week is much more than a lottery ticket. By playing in the Springhill Lottery you will be contributing to providing 1 in 3 days of specialist care on our In-Patient Unit.

## How do I join?

- Visit [www.springhill.org.uk/lottery](http://www.springhill.org.uk/lottery) to sign up online
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Springhill News Spring/Summer 2022

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# Springhill Shops

There have been lots of exciting things happening across our shops recently.

## Our Whitworth shop is now open!

We were delighted to reopen our Whitworth shop back in January. We also welcomed our new shop manager, Maggie Chew. Welcome Maggie! We would like to thank all of our volunteers at the Whitworth shop both past and present for your time and dedication.

If you would like to become a volunteer at our Whitworth shop, or any of our shops, you can visit our website for more information:

[www.springhill.org.uk/volunteer-opportunities](http://www.springhill.org.uk/volunteer-opportunities)

or you can call one of our shop managers for a chat. You can find details of our shops by visiting [www.springhill.org.uk/retail](http://www.springhill.org.uk/retail)



ebay

## Collections and Deliveries

Did you know that we collect donations of larger items? Anything from sofas to bedframes, larger electrical items or other household furniture.

We can also deliver any larger items that you purchase from our shops!

If you would like to book a collection slot, please visit, [www.springhill.org.uk/furniture-collection](http://www.springhill.org.uk/furniture-collection)



## Giving more with Gift Aid

In November we launched the Retail Gift Aid scheme across all of our shops. Gift Aid is a wonderful addition to our income here at the Hospice. When supporters sign up to Retail Gift Aid with Springhill, we receive 25% extra from the HMRC, at no cost to our customers or donors. It is a fantastic scheme that really helps us to continue providing our vital care. To sign up for Retail Gift Aid simply ask our team next time you're in one of our shops.

giftaid it

## Amazing donation from Gleeson Homes



In February we received an amazing donation from Gleeson Homes. They kindly donated the contents of four of their show homes to our shops to sell. We now have lots of brand new and stylish furniture and home goods that will help us raise vital funds for the Hospice. We would like to say a big thank you to them for such a kind and valuable donation.

If you know of any businesses who may be able to donate goods to our shops please contact Retail Development Manager, Brian Brady on [retail@springhill.org.uk](mailto:retail@springhill.org.uk)



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ebay



depop

# Take on a challenge for Springhill

## Skydive Sunday 11th September

Are you a daredevil? Are you looking for your next challenge? We'd love you to take on a Skydive for Springhill Hospice!

For more information about how you can register to take part in the Springhill Skydive visit [www.springhill.org.uk/tandem-skydive](http://www.springhill.org.uk/tandem-skydive)  
Registration: £250  
Fundraising target: £250

*Please be aware when registering for the Skydive you will have two options: you can pay a deposit of £50, you will then have to raise the remaining £200 plus your £250 minimum fundraising target. Or you can pay the full balance of £250 and then have your personal fundraising target of £250 minimum.*



## Frog Walk

Get ready to hop, jump, run or walk your way into May! It's time for Springhill's Frog Walk!

Sign up your school or community group to take part in this fantastic, fun event throughout the month of May.

For more information on taking part visit [www.springhill.org.uk/schools](http://www.springhill.org.uk/schools)

Check out Saint Edward's taking part in their Frog Walk last year, they raised an amazing **£4,451.68!**



## Yorkshire Three Peaks Saturday 30th July

The circular route is approximately 24 miles in length with an elevation of over 1000m! Starting and finishing in Horton-in-Ribblesdale you will climb the summits of Pen-y-Ghent (694m), Wharfedale (736m) and Ingleborough (723m).

The challenge is to complete the walk within 12 hours! Qualified and experienced guides will accompany you every step of the way. You will also have the opportunity to take part in training walks to get yourself as ready as possible to conquer the Yorkshire Three Peaks.

For more information and to register for the Yorkshire Three Peaks challenge visit [www.springhill.org.uk/yorkshirepeaks2022](http://www.springhill.org.uk/yorkshirepeaks2022)

Registration £30. There is no minimum fundraising target but we ask you to raise as much as possible to support patient care at Springhill.

For more information about any of our challenges please contact the Fundraising Team by emailing [fundraising@springhill.org.uk](mailto:fundraising@springhill.org.uk) or calling **01706 641790**.

# Thank you to our super supporters!

Here at Springhill we wouldn't be able to provide the care and services we do without the help of you and your superb fundraising efforts. Thank you to every single person who has raised money for, or donated to the Hospice. Here are just a few of our most recent fundraisers.

## Jolly Boys

Another fantastic year of fundraising for the Jolly Boys who raised £5,800.25. This year the group of 26 decided to take on the Peak District, walking a gruelling 70 miles over a three-day period. This is the fourth year that the group have taken on a challenge in order to raise money for Springhill and we are hugely grateful for their ongoing support.



## The Greengate pub

Thank you to the team at the Greengate pub for hosting a spooktacular Halloween fancy dress fundraiser and raising an amazing £7,167.53 for the Hospice.



## Wrenbury Drive Development and Spring Inn

Wrenbury Drive Development put on another astounding Christmas light display which was even featured in the Manchester Evening News and on ITV News! Their lights display raised £3,554.50 including £500 from the Spring Inn's Christmas Fair. A brilliant achievement!



## Zaraa Miah

Last year Zaraa took part in breaking a World Record for the most users to complete a virtual 10k in 24hrs. Accompanied by her Dad and members of BASA (Bangladeshi Arts and Sports Association) based in Rochdale. She ran the 10k and managed to break the record, as one of 25,523 who took part! Zaraa raised a fantastic £2,100 for Springhill Hospice!



## Lottie Harnett

Last year Lottie decided she wanted to take on a challenge and completed a walk in memory of her Grandad. She raised an amazing £1,225! Well done Lottie!



## Team Maxwell

Kieron, Evie, Cameron, Natalie, Joe, Emma and Courtney took on the Great Manchester Run last year and raised an astounding £4,000! A fantastic family effort in aid of Springhill.



## Louise Eadsforth

Louise took part in her very first marathon alongside her friend Neil Eaton and together they raised £2,090 for the Hospice!



For more information on how you can setup your own fundraising event contact our Community Fundraiser, Jenna Kavanagh on [fundraising@springhill.org.uk](mailto:fundraising@springhill.org.uk) or call **01706 641790**.

# Meet our volunteers

Do you have a few spare hours each week? Looking for something to fill your time or are you looking for some experience before you jump into a new career? Why not become a Springhill Hospice volunteer?

Here at the Hospice we have some amazing opportunities, and we are always in need of help, but don't take our word for it. Here are a few of our volunteers to tell you about volunteering at Springhill.



**Christel Zazi**

Christel is a volunteer in the Hospice kitchen and also in our Heywood shop.

"When I work in the

kitchen I mainly wash dishes, clean and help the nurses with making cups of tea or if they need anything else from the kitchen.

"In the shop I mainly work on the till and greeting customers. Sometimes I'll price products and steam clothes that we get donated.

"I wanted to volunteer because I wanted to help people and also build up my skills and confidence. I really enjoy working in the shop. I'm quite a shy person so greeting, serving and talking to our customers has taken me out of my comfort zone. I also enjoy being in the kitchen, working with other staff members. Being able to work well with other people has built up my skills and I do feel quite good within myself being able to help others as well."

**Stuart Quinn**

Stuart is one of our e-commerce volunteers with our retail team.

"I volunteer with the e-commerce team and help with their eBay shop. I help to list items for sale. I also sort donations to find items that we can sell online and research how much the Hospice can sell them for.

"I'm really enjoying volunteering for Springhill. I use eBay a lot in my spare time anyway so it's good being able to help out the Hospice with the knowledge I already have. I work full time too but volunteering is really flexible around this. It's been really interesting volunteering with the e-commerce team and seeing how money is raised for the Hospice. It's also a really good feeling when something that I have researched and listed sells and makes money for the Hospice."

If you would like to join our amazing team of volunteers at Springhill, or for more information about the roles we have available you can visit our website for more information [www.springhill.org.uk/volunteer-opportunities](http://www.springhill.org.uk/volunteer-opportunities) or give us a call on 01706 649920



**Joanne Kavanagh**

Joanne has been volunteering on our In-Patient Unit and in the Hospice kitchen since 2016.

"In the kitchen my work is mainly washing up, tidying away all the crockery and utensils, preparing the patient's trolleys, sweeping, mopping and anything else the Catering Manager requires.

"On the In-Patient Unit I assist in all aspects of patient care, including bathing, feeding, dressing the patients and anything else as required by the nursing staff.

"The past two years have been very challenging for the Hospice and unfortunately the number of volunteers has drastically reduced. The team I work with are fantastic and we can't wait to get back to normal and welcome patient's families and friends back again.

"It's a wonderful place, and if you want to give something back, you couldn't find anywhere better to do it. I love it!"

**Kathryn Hattersley**

Kathryn is one of the Springhill's garden volunteers and has been volunteering for five years.

"I help maintain the grounds. I help with weeding, cutting back, trimming and pruning the plants and trees. I also sometimes help to collect the veg we have grown which is used in the Hospice kitchen.

"I have always been an outdoors type of person and when I retired I wanted to be outside and not stuck indoors. I started by volunteering a few hours a week, then



**Pat Crowther**

Pat is one of our Day Therapies volunteers.

"When I'm volunteering my job is to brew up for the patients, help them out with activities like bowls, quizzes, then we go into the craft room as well. In the summer we will sit outside and do a bit of gardening, or the gardeners will sometimes bring the plants inside for us. Sometimes we just talk with the patients, we talk about our childhood memories, show each other pictures of our families and we have a laugh too!"

"My granddaughter worked here on a placement as a nurse and she said they needed somebody to help in Day Hospice (as it was previously known) and six years later I'm still here!"

"Everyone is so friendly and kind, wherever you go, whoever you see everyone has a smile on their face and they always say 'good morning' and that means so much to us as volunteers. It's just a lovely place and being a volunteer is very humbling."

during the pandemic I volunteered more hours to help. I really enjoy it and it's great to just get out of the house and see different people and I enjoy the banter we all have together!"



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# Our corporate supporters

Is your workplace looking to do some fundraising but you are not sure who to support? We can help! Why not nominate Springhill Hospice as your Charity of the Year! Choosing us as your Charity of the Year is a great way to focus your fundraising efforts, and support a local cause that is so close to so many people's hearts. Our Corporate and Partnerships Fundraiser, Vicki, is also on hand to help you out with your fundraising if you need support and advice.

Here are just a few of our supporters who chose us as their Charity of the Year last year to raise funds for the Hospice.



**Bayman Atkinson Smythe** (formerly Bayman Topping and Smythe) raised £1,178.50 for the Hospice. They also helped at the Hospice by volunteering in the gardens and helping to parcel up our Christmas Baking Kits.



**Lady Captain Gwen Smith of Castle Hawk Golf Club** has raised over £800 with a Children's Christmas Party and Santa Dash Golf Day and has more fundraising planned.

We are really excited to welcome on board even more supporters who have chosen us for their Charity of the Year this year, including; Steve and Janet Heywood, Captain and Lady Captain of Manchester Golf Club, Keenans Estate Agents and Premier Care Ltd. Rochdale Sixth Form are also supporting us this year and have already made a great start with a bake sale that has raised £368.50.



**Anne Richardson, Lady Captain of Crompton and Royton Golf Club** raised £1,780 through various fundraising events.

For more information on supporting Springhill as your Charity of the Year contact our Corporate and Partnerships Fundraiser, Vicki on **01706 641790** or email [fundraising@springhill.org.uk](mailto:fundraising@springhill.org.uk)



## Business Buddies

Our Business Buddies are an amazing collective of local businesses who support the Hospice, our local community and each other.

By joining our Business Buddies scheme you will be helping to support and maintain the high level of care provided by the Hospice. You will also have the opportunity to collaborate and build connections with other local businesses.

### Meet our Business Buddies:

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		Wyatt Morris Golland Ltd

To find out more about Business Buddies please visit [www.springhill.org.uk/business-buddies](http://www.springhill.org.uk/business-buddies) or call our Corporate and Partnerships Fundraiser, Vicki Murray on **01706 641760** or email [fundraising@springhill.org.uk](mailto:fundraising@springhill.org.uk)



# Lynn's Story

My wonderful dad Richard Wallwork was first diagnosed with prostate cancer in 2017. It was a huge shock to us, but Dad remained optimistic and we spent time that year making memories. Dad had always been fascinated with war memorabilia, so we set off on a trip to Belgium to visit places of interest to him. We had the best time, Dad was so happy and it's a time I will always treasure.

In April 2018 Dad began to suffer from pain in his back and shoulder and after a series of tests, it was confirmed Dad's cancer had now spread into his bones. We were informed that Dad could now only be offered palliative care. He began a course of radiotherapy and this is when we came into contact with Springhill Hospice.

Dad began receiving support and visits from Springhill's amazing Community Team. The nurses called to see him on a regular basis, were always at the end of the phone if he needed them, provided practical support and also kept in contact with me to make sure his family had support as well.

In November 2018, we began to notice a rapid deterioration in Dad. He was a very well read and intelligent man, but now all of a sudden was finding the simplest of tasks difficult and began to act very out of character.

As his condition worsened, in January 2019, Dad was admitted to hospital. They carried out tests but could not really determine anything was wrong other than his progressing cancer. After a few days they were planning to discharge him as they could not offer any further treatment. I reached out to the Community Team at Springhill as I was worried about Dad being on his own as my family and I were all working full time. Dad's community nurse arranged for him to be admitted to the In-Patient Unit at the Hospice for 2 weeks' respite and it was here that we began to witness, first-hand, the phenomenal work of Springhill Hospice. Dad immediately began to show some small signs of improvement thanks to the care and dedication of the whole team and we began to get glimpses of the Richard we knew.

Dad was keen to be back at home, so he was discharged on 31st January 2019.



Sadly, within days he deteriorated and was readmitted to the In-Patient Unit for what was to be the last time. During the following weeks, the care he received, I can never thank every member of staff and volunteers at the Hospice for enough. Dad would not eat, but one day mentioned he loved a curry, the next night at tea time; what arrived for his tea...a curry, his face absolutely lit up! A very smart man, the nurses would arrive every morning to give him a wash and shave and brush his hair. In those final weeks as he fought infections and his behaviour became more unpredictable and I have to say challenging, the nurses were so patient, so kind and just took it in their stride. Dad was so well cared for and his final weeks were spent surrounded by what I can only describe as true angels.

The support they gave to me and my family during this time I will be forever in their debt. We were allowed to be with Dad 24/7 in his final days. He was given the best care and remained pain free to the end. When Dad passed away peacefully on the morning of 24th February 2019, the team were there for us and continued to support us through those first difficult weeks.

At Dad's funeral we asked everyone to donate to Springhill Hospice as we wanted to give something back to this incredible place. We have, and will always continue, to support them in any way we can to help raise vital funds so they can keep doing their amazing work. Springhill Hospice, we can never thank you enough.

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### Open Events

#### September 2023 Admissions

##### Open Evening for Year 7 Entry

Thursday 30<sup>th</sup> June 2022

5.00 - 7.00pm

##### Sixth Form Open Evening

Thursday 10<sup>th</sup> November 2022

6.00 - 8.00pm

Look out for our virtual open evening resources on our website later in the summer



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The move has meant that the education services at the Hospice now have a footprint right in the heart of our local community, serving Heywood, Middleton and Rochdale.

The space and range of facilities our Education Team now have means they are able to deliver a wider range of training and educational sessions across the borough, many of which are free of charge.

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