

Springhill Hospice

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www.springhill.org.uk

Complaints – if you have a problem or complaint, this should be made in writing to the Chief Executive, Springhill Hospice, at the address above.

Incorporated as a Company Limited by Guarantee
No 2325905
Registered Charity No 701798



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Spiritual and Pastoral Care

 **Springhill Hospice**
Making every moment count



WELCOME

Hello, my name is Michele and I am the Spiritual and Pastoral Care Coordinator at the Hospice. Please let one of the ward staff know if you would like me to visit you.

Spirituality is about how we make sense of the world, and about our sources of hope, strength and comfort. For some people spirituality is closely linked to religious belief, but for many people it is not. Serious illness, whether our own or that of a loved one, shakes our world. It can cause us to ask some big questions, like 'Why is this happening to me?' or 'What does this mean for my life?' It can also cause some of us to question previously held beliefs, by which we have made sense of life. Illness can be bewildering and disorientating. I am available to talk about anything that matters to you; that might be a question which is troubling you, changes to your beliefs, a loss of hope, or practical or relational problems. You can phone or email me, or ask one of the nursing team to help you contact me.



Rev Michele Ryan

Spiritual & Pastoral Care Coordinator

r.ryan5@nhs.net

(There is a computer available in the ward lounge if you wish to use it to contact me)

FAITH

Individual or collective worship can be arranged for you. If you would like to take part in an act of worship in the Christian tradition, receive prayer or Holy Communion, I would be happy to arrange that for you.

If you belong to a community from any faith tradition and you have a local faith leader, they are very welcome to visit you by arrangement with the ward; I can help with those arrangements if you wish. Alternatively, if you require assistance in making contact with a leader from your own faith tradition, I can help with that too.

SPACES

Next to the Hospice Reception area there are two rooms: the Quiet Room & the Prayer and Reflection Room. Both are quiet spaces for people to be still and reflect. Following the loss of a loved one, many people welcome the opportunity to express their love and loss through a symbolic act. In the Prayer and Reflection Room, you will find the memorial bench, to which you are invited to add a stone with the name of your loved one written on it. For those who like to pray, there is a book in the Prayer and Reflection Room in which short prayers can be written. We have some religious and spiritual resources in the Prayer and Reflection Room which you may find useful. There are a selection of CD's available if you would like to listen to them in either of the rooms. I can try to source other resources should you need them, please ask and I will try to help where possible.