

2023 Annal Review



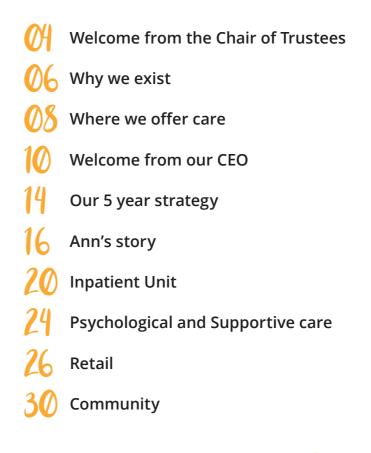
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32	Meet our volunteers Brendan and Susan
36	Fundraising
<u>38</u>	Day Therapies
42	Corporate Services
48	Finance
50	Education
54	The difference you make
58	Dates for your diary
62	Get in touch
	> +

Retail Office

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Chair of the board of Trustees Welcome

Welcome to our Annual Review of 2023!

As the Chair of the Board of Trustees, I am very proud of our Hospice and our wonderful staff and volunteers, who day-in and day-out continue to maintain their primary focus on the needs of the patients and loved ones we serve - no matter which job they do.

During 2022/3 we held several successful events to support our fundraising programme, and we made some changes to our shops around the borough. The financial pressures that we all face across the UK present a major challenge for the Hospice, and whilst we are definitely "back in business" after the pandemic, we are not out of the woods yet; and so your ongoing support is absolutely vital to ensure that we can continue to provide the services that we know you need .

Many other Hospices across Greater Manchester face similar challenges, and so we are working closely with them and our commissioners, to provide a collective and strong lobby for increased central funding in the future. Palliative and end -of- life services are now part of mainstream health services, and are not an optional extra that can, or should be dependent upon public donations to survive; so I would ask you to please add your voices to our campaign wherever you are able to do so.

In addition to our teams of staff, we have a wonderful group of volunteers who work with us, and without them we would not be able to continue to offer the services that we are so proud of. There are a wide range of roles on offer, so whatever your age, skills and experience, please have a look at our website or get touch with us to have a chat about how you can join us and help make a difference. We would love to hear from you.

No matter what the future holds for us, our patients and their loved ones continue to remain our priority, and their personal stories in this review are a poignant reminder of the importance and value of the expert care which is provided by the teams at the Hospice and in the community, with unwavering kindness, determination, and dedication.

Despite the challenges we face, we remain optimistic for the future, and I would ask you to please continue to support us as much as you can, to enable us to secure the future of Springhill.

On behalf of the Board of Trustees, I hope you enjoy reading our Review, and may I offer my very best wishes for the New Year to you and your families.

Thank you so much for your support.





Why we exist

At Springhill Hospice, our mission is to ensure that the people of Heywood, Middleton and Rochdale receive the end of life care they deserve.

Receiving a diagnosis of a life limiting illness can be a very difficult time, and we want to make sure that individuals and their loved ones are supported throughout their journey. We're here to help them make every moment count, whether it's providing therapy sessions to patients, symptom management advice, or counselling support. We know it's hard and we want to help prepare people as best we can. We believe that each person has the right to decide where they would like to spend the last part of their life, and we aim to ensure that they are as safe and comfortable as possible.



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Where we offer Care

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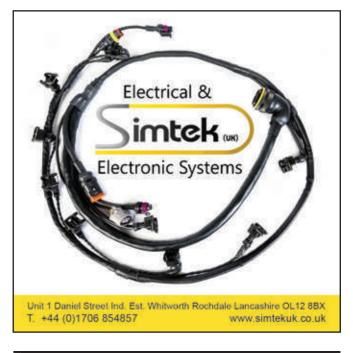


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Welcome from our CEO

Welcome to our Annual Review. The financial year 2022/23 was the most challenging in the charity's history. Inflation and the resulting cost of living crisis had a severe impact on Springhill Hospice.

A combination of spiralling costs and a reduction in donations meant we hit a £1.1million deficit in January 2023. A combination of hard work from the team and a generous legacy, meant that we ended the financial year with only half that deficit. Future years are looking equally as challenging in terms of income and we are reviewing a range of ideas as well as lobbying for a fairer funding model.

Despite every challenge thrown our way, the consistency and quality of care in every department has remained exceptionally high. Feedback from patients and loved ones alike makes me incredibly proud. Our staff continue to amaze me with their dedication and energy to continually improve every element of our service. And our volunteers continue to enhance everything we do and ensure our Hospice can continue.

This year we became part of the Local Care Organisation (LCO) which is a partnership made up of sectors from across the health, care and wellbeing system in Rochdale, which aims to improve the health, care and wellbeing outcomes for the people living across the borough of Rochdale. This partnership is incredibly important to ensure we are working as effectively as possible and reaching all those who need our care.

We are extremely grateful for the support of our local commissioners and grant funders, our corporate supporters and all those organisations across the borough, from schools to sports clubs, that continue to support us. And finally, to our wonderful community whose enduring support never waivers, even when times are tough, thank you so much. We couldn't do it without you!

The next few years will continue to be challenging but I am confident that together we will rise to the challenge.

Thank you for your continued support and enjoy reading.

Sam Wells

Chief Executive







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Patient Story: ANN DOGAN 04.09.41 - 07.07.22



Mum, Ann... where to start...

She was the most wonderful person I've ever met in my life. A beautiful soul inside and out. Always lighting up the room with her smile and infectious laugh and forever making life easier for all those who met her.

Mum worked for many years as a phlebotomist at North Manchester General hospital (NMGH) and colleagues and friends always said how her warm and caring nature put patients at ease when taking their blood. Following her retirement, she continued to be a very active lady. She loved eating out with her partner of 32 years (David) and joined a gym. She had lots of friends and was a very popular lady, and led a very healthy and positive life.

Mum had a history of acid reflux dating back to when she was in her 40's. She had been advised to have an endoscopy back then but was fearful of the procedure. This was later managed by omeprazole and diet and numerous pillows propping her up in bed as she grew older. When she was 77 years old (still physically fit and mobile), she started experiencing pain around her left torso. The pain gradually worsened and was accompanied by significant weight loss. This prompted me to urge her to get checked out with her GP who diagnosed a urine infection. I was concerned by this and as the pain got worse, I got mum into the urgent treatment centre at NMGH. Eventually, mum got the right investigations done and we were told she had oesophageal cancer. Thankfully, following lots of chemotherapy and surgery and care at home from myself and district nurses, mum made a full recovery and life continued as normal for a few more years.

It was difficult for her as during this time her partner, David was living with dementia and other co-morbidities and experiencing lots of falls and fractures. However, they still managed to get out for their pub lunches, a favourite being The White House pub on Blackstone Edge. Then late on in 2021, when mum was 80, she began gradually losing weight again. I know now that she was experiencing other symptoms but possibly not wanting to worry anyone, she kept this to herself. After chasing up her endoscopy review in April 2022, it was determined that she needed an urgent CT scan. Five weeks later, scan results still unknown, I became increasingly concerned about her weight loss and general presentation and took her to the Royal Oldham emergency department (ED). 12 hours later in ED, a junior doctor had to break the news to us at midnight that her cancer had returned and metastasized. He told us in detail where it was... it was everywhere! I knew then that she was now palliative or potentially nearing the end of her life. I'll never forget that night as long as I live.

Springhill Hospice: Mum's last four weeks of life

One week after we received the bad news, mum suddenly became very ill. She was vomiting and struggling with secretions and experiencing extreme dizziness. I had managed to get David (who had dementia and a superimposed delirium at this time) round to his daughters, and I spent the night sleeping next to mum on the living room floor as I was unable to get mum off the settee and upstairs. Foolishly, I didn't think to ring the palliative nurse until first light around 6am. I had contacted the MacMillan nurse at the hospital previously and been given the Springhill palliative nurse teams number.

The nurse that came from Springhill, Claire, was very kind and caring and was able to prescribe some anti-emetic medication. I had managed to get mum upstairs and into bed prior to her visit. The following days were very difficult with mum feeling very restless. I didn't leave her side for days but luckily had siblings calling to support with David's care who was now back at home. District nurses from the Middleton team were extremely supportive and came out several times during the day and night when requested. Mum was then referred to the hospice at home team from Springhill, as it was thought that she could be within the last two weeks of life. The staff that visited were always kind and thoughtful. Gentle in their approach and gave mum, and the family, person centred care.

However, mum suddenly picked up one day asking to go downstairs to watch Coronation Street and for a few days following this she was able to sit out in the garden in the lovely summer weather. It was felt then that the hospice at home team weren't quite needed yet, but they stressed we could ring them anytime for support or if mum deteriorated further.

We spent those 'good' days playing music, planning a live wake (at mum's request though this didn't happen), having close family and friends round and mum making videos for people she couldn't see to say farewell. Meaningful conversations and memories were made for me then that I'll never forget...

As I was heavily involved in mum's day to day care, and possibly because of my own professional experience within health care, I was able to see, before others, changes in mum and could alert services for help. For example, getting a hospital bed, the need for anticipatory medications, a urinary catheter, commode etc. Staff and services were always happy to take any calls made and support in a very timely way. This was hugely appreciated.

Then one day whilst transferring her to and from the commode and hospital bed, her breathing worsened and she became panicked, feeling as though her heart was about to stop. We both decided then that the time had come for her to be nursed in bed. This was only five days before she finally passed away. The hospice at home team commenced their visits along with the district nurses. Both being fantastic services, nothing was any trouble for them although we knew how busy they all were. The home carers were also excellent and a great support to us all.

Those last few days mum was generally very comfortable; she was alert and responsive and continued to wash and change and put her make up on... or tutty as she called it! On Wednesday night, 6th July, my sister and I had a lovely evening with mum, chatting and comforting her while she rested. She slept soundly that night with me sleeping next to her in a chair. Most of the family arrived the next day and the nurses from the hospice at home team arrived that morning promising to return by 2pm.

By lunch time she had slipped into a deep sleep. As promised, the hospice at home nurse and support worker arrived just before 2pm. The nurse noted mum could be in some pain due to a slight furrowed brow. A very subtle sign but she noticed it and decided to give her some morphine. It was at this point, before administering the morphine, the nurse recommended the family came around the bedside whilst she took her last breaths. They very discreetly left the room and left us with mum to say our goodbyes.

Mum had a very peaceful passing. A good death. This happened for lots of reasons but partly because of the wonderful service from the Springhill hospice at home team along with all the other health and social care staff and family that supported us. The nurses were able to give us advice on what to do next and they prepared mum ready for the undertaker to call. It was a great comfort having them there at that time, yet they remained discreet and quiet.

The excellent service continued following mum's death in that we were all offered free bereavement counselling and invited to attend a service at the Hospice along with other relatives to celebrate mum's life.

It's important that the staff at the Hospice know of the fantastic work they do but more so, what it means to people like me and my family. When they go the extra mile it not only helps at the time but helps with the grieving process later. Knowing mum had a peaceful and good death helps us all.

Thank you to you all. We are truly grateful.



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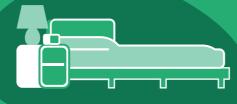


Inpatient Unit

The Inpatient Unit admitted



The numbers are now returning to pre covid figures and we are able to help and support more and more people in the community.





In response to the increasing needs of the community, the Inpatient Unit held a massive recruitment drive, resulting in the successful employment of

staff nurses, nursing associate and 🗸 nursing assistants.

The Inpatient Unit has been successful in a complete renovation of the communal areas, including fresh flooring, a new kitchenette and beautiful lounge furniture and decor for patients, loved ones and visitors to enjoy, thanks to an incredible grant from **HSBC**.





The Inpatient Unit has successfully replaced

of the optient recliners chairs thanks to grants and donations from the Hospital Saturday fund and Rochdale relief in sickness fund.

The Inpatient Unit received and responded to



over the course of the year – the advice line is open 24hrs and is answered by an experienced palliative care nurse who will offer advice and support.







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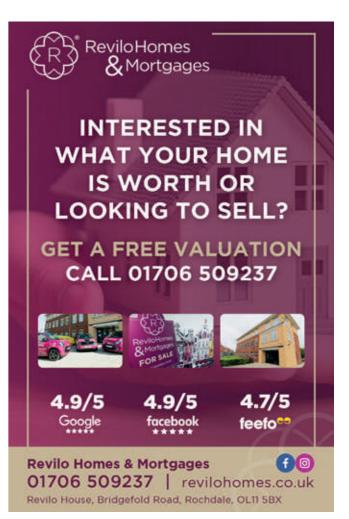
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Psychological and Supportive Care

We received:



New counselling referrals (patients and family members)



New bereavement referrals



We started outdoor seated and walk and talk counselling sessions, in addition to our indoor face-to face, telephone and video sessions. Thus, enjoying the benefits of nature and our beautiful Hospice gardens.

We hosted:



Counselling sessions



1:1 Bereavement counselling/support sessions



Bereavement group sessions



Complementary therapy sessions in the Inpatient Unit

We are supported by bereavement volunteers. Volunteer bereavement training is provided with excellent feedback.

We held:



Spiritual and pastoral support sessions in the Inpatient Unit



Reverend Michele worked with our community team to arrange an adult baptism for a lady who felt this was important for her, this took place in March at a local church.

Springhill Hospice Annual Review 2023 25

Retail

Thank you to all our customers, donors and supporters who support the Hospice every time they shop, donate, volunteer, Gift Aid, or shop on line.

Last Year, together: (April 22 - March 23)



You raised £427.973 in sales through our shops



You raised purchasing 2220 items through our eBay shop



E

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Community



Number of new patients admitted into specialist palliative care team

763 new patients



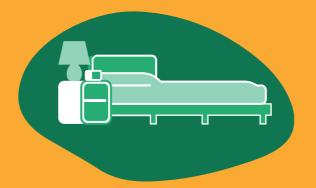
Number of new Hospice at Home patients

312_{new patients.}



Number of specialist palliative care nurse visits & telephone calls

5,567 interventions



Number of Hospice at Home visits **1,865** team visits



Our Dementia Specialist Nurse Margaret made 495visits and telephone calls relating to75patients with a Dementia diagnosis

patients with a Dementia diagnosis





Volunteer Interview Brendan and Susan Hannelly

For the last 7 months, married couple Brendan and Susan Hannelly have been volunteering as Patient Companions over on the Inpatient Unit at Springhill Hospice. After learning of the desperate shortage of volunteers through a friend, the couple decided that Springhill was the place they wanted to donate some of their time every week.

"We were both looking for something to do, so we thought why not work together? We come twice a week for 4 hours at a time, and it's a brilliant way to spend the day doing something worthwhile."

After over 40 years of marriage, it's safe to say the couple know exactly how to work as a cohesive team. Susan comes from a healthcare background, having worked in hospitals and in the community as a nursery nurse and doula, which means she knows all about that caring touch. On the other hand, Brendan is from a hospitality background; a true character and people person, who loves to help put a smile on people's faces. Together they make the perfect double act!

"When we arrive on the ward in the mornings, the staff always comment on how good it is to see the volunteers, and then we're straight to work; going around with the breakfast menu, having a chat with the patients. We know how busy the nurses are, so it's wonderful to be able to help out with the jobs that don't require a medical professional."

Susan and Brendan sadly each lost their fathers to cancer, with Susan's using Springhill's Day Therapies service as part of his treatment, so they both have a clear understanding of the kind of care someone needs at the end of life; and not just them, their loved ones too. "It's nice to give something back, and Springhill is a really special place. Before working here we didn't realise the kind of care that people received. You meet some fabulous characters and their visitors are so grateful for a chat. Doing this role, you quickly establish who wants your help, and who would rather be left on their own. You're only in these patients lives a short time, but you really hope you've made a difference."

The role of Patient Companion Volunteer is a relatively new one, but one that has made a phenomenal impact on so many of our patient's lives. When someone is at the end of life, feeling isolated is very common, so having a friendly ear there to talk to them and listen to their stories, makes many people feel less alone.

"Our life experiences have set us in good stead for dealing with all kinds of people – using quizzes we've created to help connect with patients and their memories; it's good to talk about things other than their illness, to help bring a bit of normality back to their day."

At Springhill, we are so incredibly grateful for every single one of our volunteers, who selflessly give up their time to help us in so many ways. Thanks to Brendan and Susan, we're able to provide even more care and compassion to our patients and their loved ones during their time with us on the Inpatient Unit.

"A lot of people have this idea of the Hospice being like a decrepit old hospital, but when they get here they see how wrong they were. If anyone was thinking about volunteering, we'd say definitely give it a go! It's such a fulfilling role – you get more out of it than you put in, and we leave every day so thankful to have been able to help people. We're so glad to be part of the team here."

Thank you Brendan and Susan for all your wonderful work!

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people attended our Hospice organised events



2,375 Number of people who donated via our new website



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(22/23 financial year)



Vay Therapies

new patients attended our wellbeing group.

We offer a varied timetable of uplifting and relaxing activities in Day Therapies, including: quizzes and games, arts and crafts, gardening, spiritual support, relaxation sessions, armchair exercises, singing and more!





The U3A Ukulele and Tappers groups were just some of the entertainment we've enjoyed this year, and we had our very own volunteer Clive with his Christmas carols guitar sing-along; the patients loved it!

new patients with a Dementia Diagnosis attended our therapeutic groups.

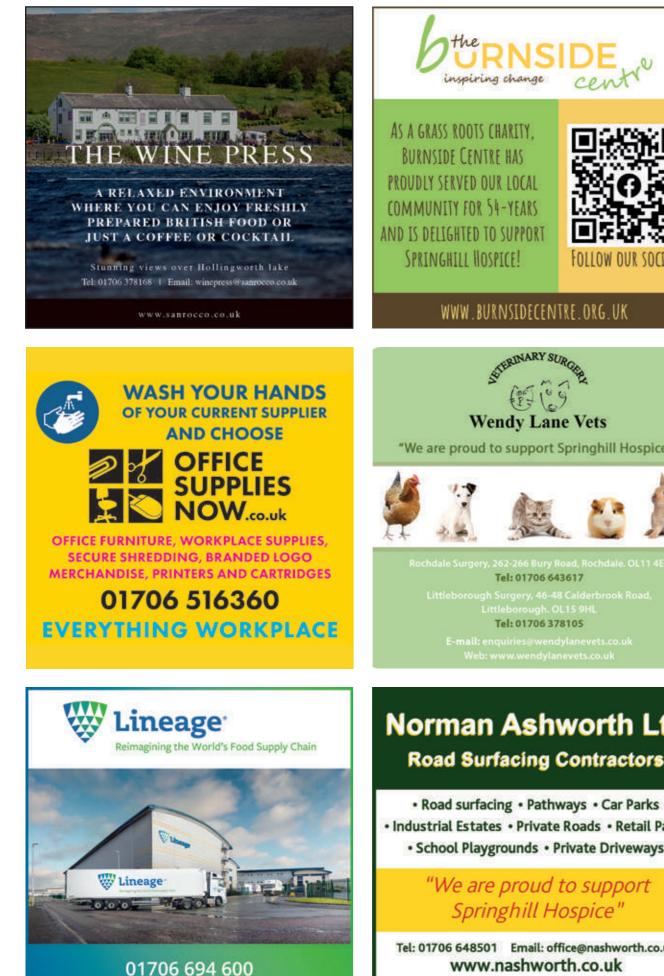


We started to deliver our sessions in various community venues across the borough, these sessions include symptom self-management, relaxation sessions, arts and crafts and more.

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Graham Poole



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Springhill Hospice

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Corporate Services

Catering Approximately Approximately

home cooked meals served to patients this year



Springhill home grown produce - our new allotment produced:



of veg for use by our

catering team such as brassicas (cabbages, cauliflowers, broccoli), roots (carrots, turnips, swede, parsnips) and potatoes.



harvest of Rhubarb, so lots of jams

Our Catering Manager is responsible for leading the Nutritional Focus Group, working in partnership with the Clinical Team, to ensure our food is of the highest quality, caters for all ethnic groups and is suitably nutritious for patients with special diets or eating, drinking or swallowing problems. The group is also responsible for driving nutritional development and

> prioritising patient choice and wellbeing.

We have a team of 14 volunteers who give on average 60 hours support over a week in the garden excluding one volunteer, Mei, in floristry who is here most days for 4 hours on average.

We have improved the environment by collecting 22 tons of leaves in Autumn and producing a ton of leaf-mould, which is used for supplementing potting compost. We have three 5 ton bags for composting all the garden debris/cuttings/clippings and we produced about 20 tons of compost to mulch our flower beds in 2023.

Over the past 12 months, we have continued to benefit from the wonderful support of several corporate volunteers, in particular:

- **H. Bell** who have supported us on many occasions, either by sending labour to move bark and compost, by using their contacts to have a Tree Surgeon chip branches, or donating building materials to enable repairs to roofs, garden structures and fences. They have also donated bird seed and lots of spring bulbs!
- The Allotment and Labyrinth were tended to by Wincanton and Baymans respectively.
- Garden furniture painting was carried out by the gang from HSBC
- Three Pits Allotments, for the 17th year running, has grown, delivered and planted our summer Begonia bedding. They also came to help with moving bark on the new allotment paths

The Robert Clegg Outstanding Contribution Award was launched this year, in honour of our late Chairman, whose commitment to the Hospice and support of our staff and volunteers was second to none. Staff and volunteers were invited to nominate colleagues who they believed had gone 'above and beyond' and Robert's family joined the judging panel to choose our staff and volunteer winners. 12 volunteers were nominated in total, 2 received highly commended with the winner being **Katherine Iles** who has volunteered for the Hospice for 30 years in a variety of roles. Staffwise, there were 15 nominations in total, 2 highly commended, with the winner being Pauline Howarth, our acting Education Lead. These awards will be held annually with new categories added for 2024.

were sold at the Summer Garden Celebration. Additionally we planted two permanent Asparagus beds for the first time, which will be harvested from their 3rd year; they will produce crops for our kitchen to make asparagus soup.



Carl of **PRG** helped with the raking up and clearance of leaves, and offered further support in the future

Matt Taylor of **The Garden Company** trimmed several of our new meadows down, as well as donating plant material for our winter wreaths

RMBC Bowlee nursery donated spare bedding for our border displays

PLP Construction not only fixed the sensory garden roof and privacy fencing, they also provided and installed the allotment arch. They also dug the hole and removed the soil for the Makin Memories Tree.

Corporate Services

Volunteers



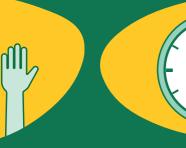
Number of volunteers prior to our recruitment drive:

160



Number of volunteers after our recruitment drive:

(145 Hospice, 60 retail)



Number of hours our volunteers give us a year:

How much our volunteers save us a year **£490,048**

The new role of Patient Companion was introduced at the latter part of 2023 to great effect. The role is to support the staff who work on the Inpatient Unit to ensure that every patient and their loved ones have a positive experience our volunteers play a vital role in helping patients feel cared for, comfortable and relaxed. The duties of this role are varied - from providing some company by sitting with or talking to the patients or their visitors whilst the nursing staff undertake personal care, to offering drinks and meals, or welcoming visitors at Reception and escorting them to their loved ones or tidying patient areas. By volunteers carrying out these various duties, our staff have more time to deliver patient care which is why this role is having such a positive impact on the Unit.

Facilities & Estates Department

Last year we welcomed **Paul Barnes** to the new role of Facilities and Estates Manager. This new role was introduced to allow for the provision of consistent estates and staff management and training, along with growth of our portfolio.

The role will also be responsible for:





Reviewing contracts, suppliers and quotes for purchasing Reviewing cost saving initiatives eg: move to paper light operation (linked to digital/ sustainability transformation)



The introduction of work processes to improve time and resource efficiencies



Number of volunteers

in the pipeline:

The role should also provide cost savings, as it is a designated role across the entire Hospice estate, ensuring compliance, repairs and maintenance are dealt with in a timely manner, saving money in the long run.



Introducing a Facilities and Planned Preventative Maintenance schedule, compliance and H&S, reducing the need for reactive and replacement expenditure



Moving facilities and maintenance management onto electronic Vantage database system which help us manage risk, execute audits, adhere to compliance regulations, record incidents and respond to complaints, to name just a few of the modules available, which will save us time and valuable resources.





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Finance 2022-23



Total income: £5,385,825 (£5.4 million in round figures)

£2,7 million came from the NHS or Local Authority



Of our income:

£1,2 million was from donations legacies and grants



£1,5 million was from our other fundraising and trading / income generation activities

Income 2021-22	Total (£)
Investment Income	49,650
Donations & Fundraising Activities	861,722
Legacies	656,863
Charitable Activities (services)	2,698,925
Trading Activities	1,118,665
	5,385,825

2021 22



Expenditure 2021-22

Charitable Activities (services)

Fundraising

Trading Activities

Total expenditure: £5,899,058 (£5.9 million in round figures)

UPCOMIN

events

Of our expenditure:

£3,5 million was on the inpatient unit alone

Total (£) 4,707,592 343,050 848,416

5,899,058



Education



We provided 138 sessions, equal to 560 hours of training, to 1231 attendees. Within these figures:

Palliative Care Passport Course:





attendees across the sessions



people have completed the course so far

Foundations of Care course:







attendees across the sessions



286 people have completed the course so far



Online: www.penguinrefrigerated.co.uk

Dealing with your affairs after the loss of a loved one

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The difference you make



could pay for one call to our telephone advice line



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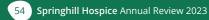
could pay for the Hospice utilities bill for one day



could pay for one complementary therapy treatment



could pay for one visit from our specialist community team







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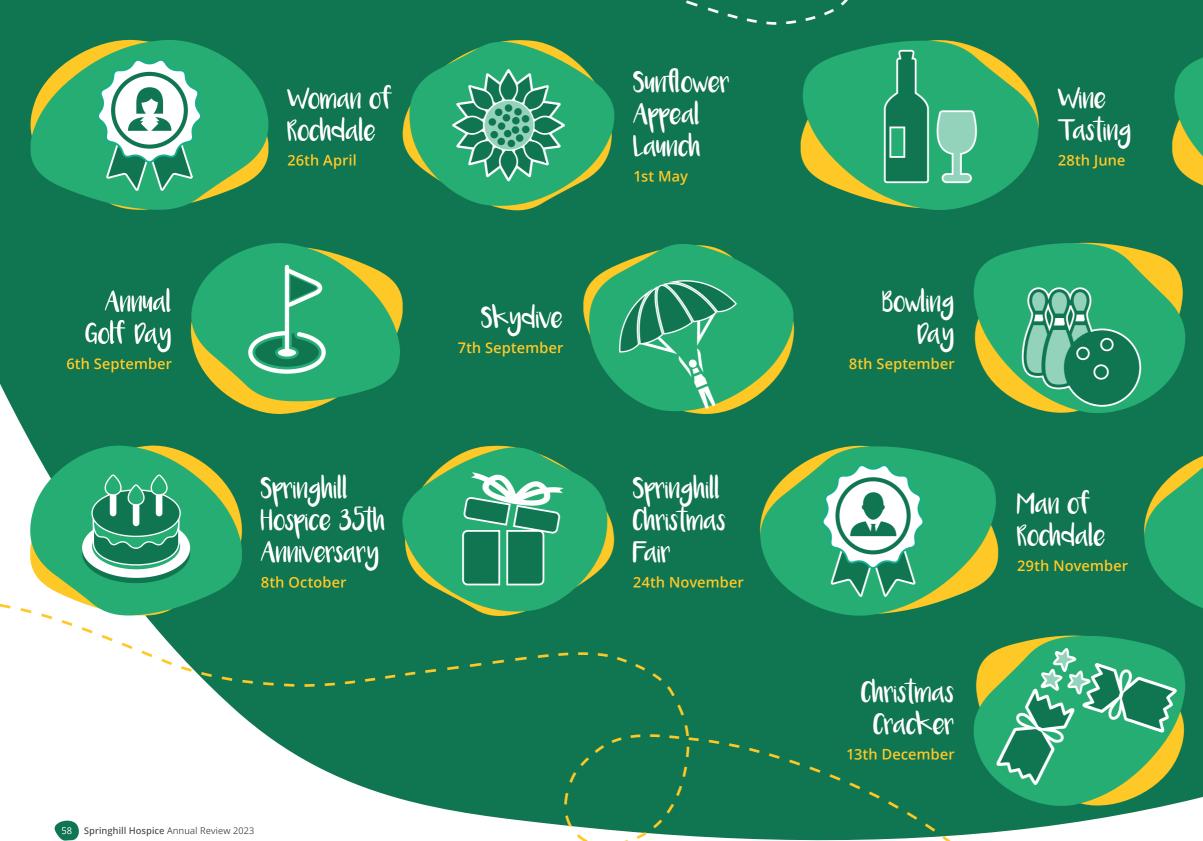
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Or check out our social media:

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Pates for your diary



For further information about our upcoming events, please contact the fundraising team on 01706 641790.



Summer Garden Celebration 4th August

Starlight Ball 5th October





Light up a life

5th December: Church Service

7th December: Hospice Celebration



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Here at Springhill Hospice we always take your data seriously. We do everything we can to ensure your details are safe and we never have, and never would, sell your details to anyone else. We want to be able to share information with you about how your support benefits local patients and their families. Equally we respect your decision if you wish to only hear from us in specific ways or if you choose not to hear from us at all.

To update your preferences, please visit:

www.springhill.org.uk/communications or contact the Fundraising Office by calling: 01706 641790 (opt 1) or email: fundraising@springhill.org.uk

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