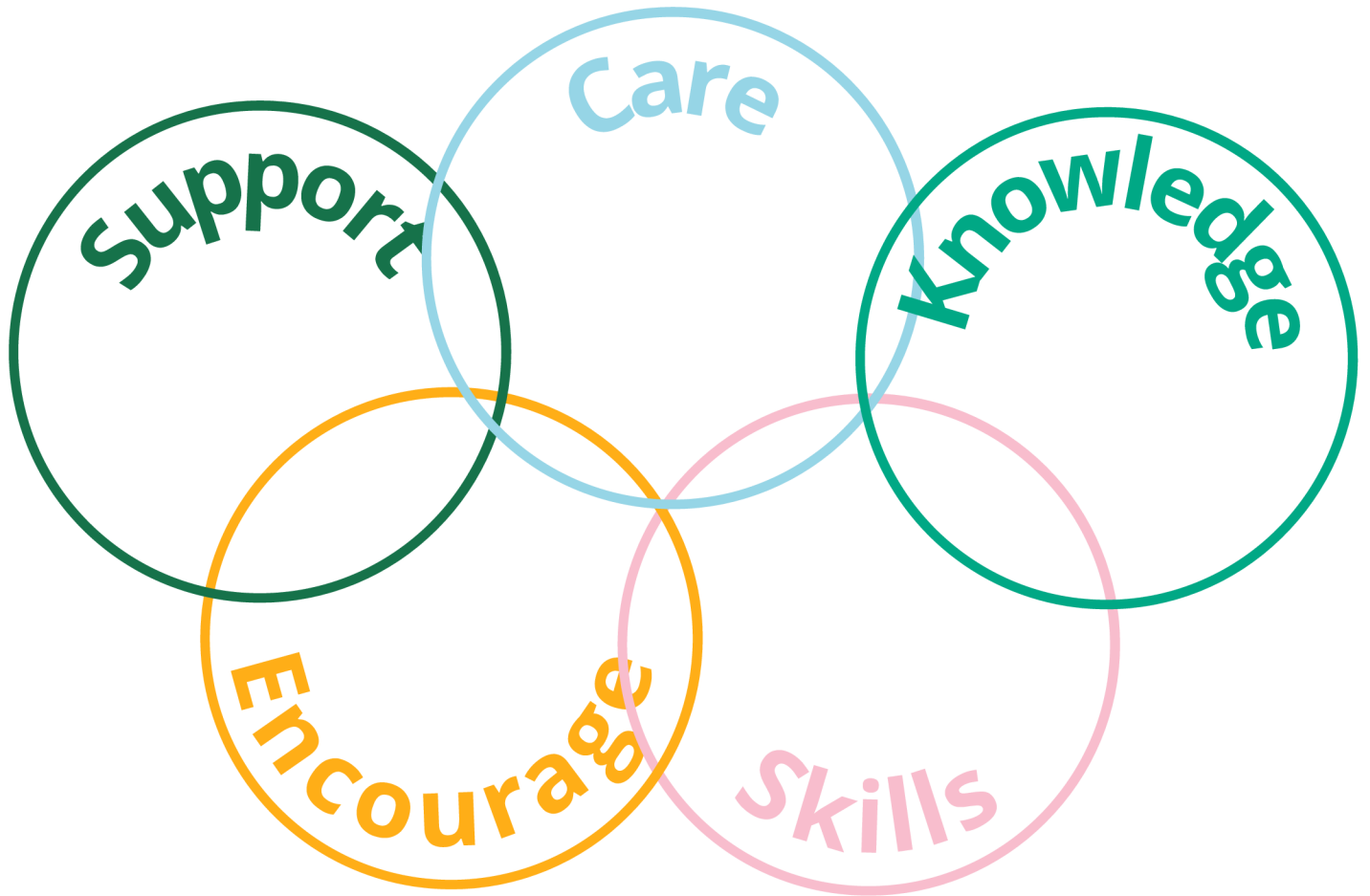


Education & Training



Springhill
Hospice
Education



Course
Prospectus
2025

Welcome To Springhill Hospice Education

This prospectus has been produced to provide you with useful information about the training and education programmes we offer.

The student experience is at the heart of everything we do, and we hope that you will enjoy your study with us. We believe that good learner-centred education leads to excellence in person-centred care.

All our courses are evidence-based, directly relevant to practice and underpinned by current research. Our educators endeavour to ensure that you find the sessions valuable as well as enjoyable.

The team are experienced, committed to supporting you and keen to provide stimulating sessions which help motivate and educate.

We want to help you make the most of your learning opportunity and realise your potential.

The Springhill Hospice Education Team welcomes students with additional support requirements and disabilities, and will make every effort to support their needs. The program has been designed to incorporate a variety of ways in which you can access the information you need to undertake learning around each topic, and we will support you to complete the program.

If you require any additional support or guidance, please contact us and we will do our best to support you with your learning experience.

We offer a range of learning opportunities available for a variety of healthcare professionals; please don't hesitate to get in touch!

Please contact us for further information on the courses we have to offer
education.springhill@nhs.net
Tel: 01706 752361

Meet the Team



Jane Ashworth Education and Development Lead

My journey began in 1990 as a healthcare assistant in a nursing home, where I discovered my passion for compassionate caregiving. After working as an auxiliary nurse and completing NVQs 2 and 3, I pursued a diploma in adult nursing at university, later earning a BSc and MSc. However, it was my experience in palliative care that truly inspired and shaped my career.

Louvain Birchenough Education Facilitator

I have had a long a varied nursing career spanning many years and specialising in palliative care. My current main role at the Hospice is in developing hospice community services and I am pleased bring my years of experience to support the Education Team.



Pauline Howarth Education Facilitator

My interest in palliative care began as a hospital-based Staff Nurse, which led me in to hospice care, where I have worked since since 1994. In 2020, I joined Springhill Hospice's Education Team, inspired by the exceptional teaching and the way it empowers health and social care workers to deliver outstanding care for those with life-limiting conditions.

Helen Seth Associate Educator

I began my career as a Community Healthcare Assistant, where training sessions with the Hospice, including the Palliative Care Passport, ignited my passion for improving end of life care. The Hospice's learning opportunities not only enhanced my own practice but also positively impacted those I worked with.



Megan Chambers Associate Educator

I started my career as a Auxiliary Vet Nurse, transferring the caring skills I learned to working with adults when I joined a local care home. There, I developed staff and was introduced to palliative care through Springhill Hospice. In 2023, I joined the Hospice as a carer and later embraced the opportunity to join the Education Team.

Angela Ogden Administrator

I began volunteering at the Hospice in August 2015 after a 40-year banking career. By December, I joined as a part-time staff member supporting Community Services and Education. Now, I'm based in the Education Unit, providing administrative support to the team.





2025 Courses



page **Courses suitable for all grades of Health and Social Care staff to build knowledge skills and confidence in palliative and end of life caregiving**

- 7 The Springhill Hospice Palliative Care Education Passport**
A 6-module course covering all major aspects of compassionate palliative care. and suitable for all grades of health and social care staff in primary, secondary and tertiary care. Some of these modules can be taken as stand-alone
- 8 Palliative Care for those living with Dementia**
A full-day interactive workshop exploring palliative care for those who have a dementia diagnosis. Delivered jointly by education staff and a Dementia Specialist Nurse.
- 9 Palliative Care for those living with a Learning Disability**
A full-day interactive workshop considering and developing palliative care skills to enable quality care for those with a learning disability.
- 10 Advance Care Planning**
A full-day course to equip healthcare workers with the skills and knowledge to empower them to facilitate advance care planning for those they care for.
- 11 Loss, Grief and Bereavement**
A half-day course exploring the impact of grief, loss and bereavement, how to offer good support and the importance of self-care.
- 12 Opening The Spiritual Gate**
A full-day course offering an opportunity to expand and explore the importance of providing spiritual care.
- 13 Oliver McGowan Mandatory Training Tier2**
Tier 2 of The Oliver McGowan Mandatory Training on Learning Disability and Autism is for people who may need to provide care and support for autistic people or people with a learning disability.
- 14 Delivering Oral Care for Palliative Patients**
Facilitated by **leading oral health experts**
- Advanced Oral Care for Palliative Patients and those at end of life**
Facilitated by **leading oral health experts**



Education & Skills Training for professionally registered staff

15 Syringe Pump

This course includes symptom management, drug conversions and practical use of the BGT34 syringe pump.

16 Verification of Expected Death and Deactivation of ICD

Covering the legal aspects of verification of death, the process of verifying, providing aftercare.

17 Enhanced Communication Skills

This is a 2 day experiential course enabling senior staff to develop and to rehearse the most useful researched and evidenced based communication skills and strategies.

18 Advanced Diploma CPD

HLT7072 Multidisciplinary End of Life Care Module at Level 6 & 7.

Education & Training for Care Workers and non professionally registered staff

19 Foundations Of Care

This course introduces the basic practical skills and knowledge to provide you with the foundations to provide palliative care.

20 Cancer & Palliative Care Awareness for Social Prescribers

A half-day course to help Social Prescribers identify early signs in people who may be at risk of cancer diagnosis, recognising life-limiting illness and advancing disease, supporting signposting to appropriate services, Hospice Care services and how to refer and bereavement support and caring for yourself.

**We also provide education for non-healthcare organizations,
including schools and businesses.**

Topics include supporting people with advanced illness, Loss, Grief and Bereavement, Staff Wellbeing, and Communication Skills.

**Feel free to reach out for more information or to discuss your needs:
we'd love to help!**

To book courses and workshops please
visit: www.springhill.org.uk/education
call: **01706 7523610** or scan the **QR code**



It's a brilliant programme and I enjoyed every second of it

Springhill Hospice Palliative Care Education Passport

The Springhill Palliative Care Education Passport (SPCEP) is an innovative programme providing a solid set of holistic knowledge and skills for all grades of staff. It comprises of 6 modules, each exploring different aspects of Palliative Care.

Modules

- **Module 1-** Advance Care Planning (ACP) recognising advancing disease and supporting individuals in distress
- **Module 2-** Communication – Foundation skills for supporting those in distress
- **Module 3-** Psychological and spiritual needs for patients and families
- **Module 4-** Symptom management
- **Module 5-** Recognising dying and care at the end of life
- **Module 6-** Care after death and supporting the bereaved

The Education Team are all committed to making the sessions interesting and useful. By using group discussions and reflections, learners are able to develop their knowledge and skills in a safe environment. We promote person-centred care by delivering learner-centred education.

Whether you're a healthcare assistant or a General Practitioner... we'd love to have you on board. Get in touch via the email below for course dates and bookings.

Costs:

These sessions are **free of charge** for those who work within the **Heywood Middleton and Rochdale** area. For those **outside of this area**, the SPCEP can be completed for a charge of **£30 per session** or **£150 if all six sessions** are paid in advance.

This course will equip me to be a better care giver, mentor and role model.I am so pleased to have completed this programme

Dates:

This training is offered throughout the year as a rolling programme, starting bimonthly.

The workshop was
very well planned
& very interactive

Palliative & End of Life Care for those living with Dementia

This motivational, interactive workshop is suitable for all levels of healthcare professionals in any setting.

Using real-life case studies and masterclasses to explore challenges faced in the workplace and to build knowledge, skills and confidence.

Topics

- Identify progression in advanced dementia
- Employ life stories to meaningfully personalise care
- Visit the dementia marketplace for practical skills and knowledge
- Recognising dying
- Symptom control
- Personal care
- Oral health
- Mental health- delirium, depression, anxiety

The practical & video sections ... opened my eyes to how those living with end of life care see & experiences they go through

Costs:

these sessions are free of charge for those who work within the Heywood Middleton and Rochdale area.
For those outside of this area, there is a charge of £60

Dates:

this workshop is offered 3 times yearly please contact for details



[I'll] incorporate my new knowledge into the care plans for people I support and to use the knowledge I have gained into writing advanced care plans.

Palliative Care for those with a Learning Disability

Bravo, all sections and teaching were brilliantly delivered

This full-day module is suitable for all levels of healthcare professionals in any setting.

Module Objectives

- Discuss what palliative care is and strategic developments
- Have an understanding of palliative care needs for those with learning disabilities
- Awareness of the MCA and best-interest decisions
- Understand why Advance Care Planning is needed
- Understand the use of Proactive Indicator Guidance
- Discuss ways of supporting those we care for
- Awareness of the Individual plan of care for the dying person
- How to support and communicate
- Communication with the patient
- Resources available to help you care for a person with a learning difficulty and a life-limiting condition

Costs:

These sessions are **free of charge** for those who work within the **Heywood Middleton and Rochdale** area. For those **outside of this area**, there is a charge of **£60**

[I] Currently work on an acute medical unit with lots of different patients, including those with LD. I will know how to care for them a lot better now as it can be a challenging environment for them.

Dates: 2nd February 2025

This workshop runs twice a year

I thought It was an
excellent session and
really though
provoking!

Advance Care Planning ACP

Making person-centred care plans for a time when someone is unable to communicate what's important to them.

An interactive workshop to help you:

- **Deepen** your understanding of ACP
- **Appreciate** the importance of ACP conversations
- **Equip** you with the skills and confidence to empower those you care for to talk about what matters



Costs:

These sessions are **free of charge** for those who work within the **Heywood Middleton and Rochdale** area.
For those **outside of this area**, there is a charge of **£60**

Dates: 30th April 2025

This workshop runs twice a year and will be repeated in the Autumn

Useful session, more
confident in discussing &
promoting these
conversations with
patients

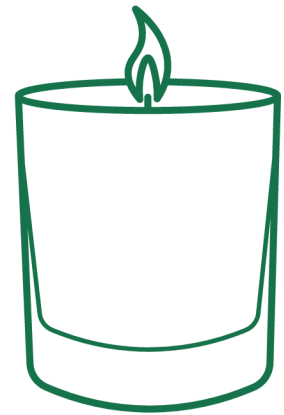


Loss, Grief & Bereavement Support

Develop confidence and skills to enable you to provide compassionate bereavement support to the loved ones of those you are caring for, those you work with, and for yourself.

You will:

- Develop knowledge around the emotional and physical response to bereavement
- Build the skills and confidence required to support bereaved individuals
- Recognise the need for self-care



Costs:

These sessions are **free of charge** for those who work within the **Heywood Middleton and Rochdale** area.

For those **outside of this area**, there is a charge of **£60**

Dates:

This workshop runs 3 times a year please contact us for dates

Learnt a lot about
myself as well as how
to support others

Opening the Spiritual Gate

Opening the Spiritual Gate workshop explores why spiritual care is an essential element of palliative and end of life care, how to talk about spiritual needs and how to incorporate it in to care giving.

this workshop will help you:

- To explore the meanings of spirituality and religion
- To consider how to recognise spiritual and religious distress and what may be helpful in dealing with it
- To raise the awareness of the needs of different faith traditions or religious groups and rites of passage
- To consider a simple communication model which will facilitate difficult conversations
- To consider how to document conversations about spiritual and religious issues and develop a spiritual care plan
- To be aware of the emotional impact of this work and the support needed for staff

Costs:

These sessions are **free of charge** for those who work within the **Heywood Middleton and Rochdale** area. For those **outside of this area**, there is a charge of **£60**

Dates: 19th June 2025

This workshop runs twice a year

Useful session, more
confident in discussing &
promoting these
conversations with
patients

This training has really opened my eyes

Champion for The
Oliver McGowan
Mandatory Training



Springhill
Hospice
Education 

Oliver McGowan Mandatory Training – Tier 2

A full day workshop facilitated by approved Oliver McGowan trainers co-presented with experts who have lived experience of Learning Disability and Autism.

This training is to help ensure that the health and social care workforce have the right skills and knowledge to provide safe, compassionate and informed care to autistic people and people with a learning disability

Before attending this workshop, you will need to complete the Oliver McGowan Tier 1 online training.

You can access it via the eLearning For Health QR code to the right or ask your Manager how to access it.



NHSE elfh
Hub



Hearing from the experts has really brought this training alive.
So valuable.

Costs: £80

Dates:

12th & 27th February 2025

More dates will be added please contact for details



This training is fantastic!

Oral Health

Everyone providing care needs to attend this workshop

This workshop covers all the essentials you need to know to ensure a high standard of oral care

You will:

- Discover why it is a vital part of healthcare
- Will help you care for oral care-resistant patients
- Guaranteed to change your practice

Advanced Oral Health

This 3 hour workshop is particularly relevant to SPCNs, D/Ns and senior care staff with a sound knowledge and practice of oral care

An interactive and fascinating workshop addressing the particular challenges presented by providing sound oral assessment and care to patients/clients with:

- Head and neck cancers
- Oral mucositis
- Palliative care and at end of life patients

I will be more vigilant with residents' mouthcare now

Costs: free

Currently this is funded for HMR staff

Dates: 1st April & 10th June 2025

More dates will be available later in the year

Feel a lot more
confident after this
session

Syringe Pump Training

for Registered Nurses

Essential training for all Nurses and Medical practitioners who use a syringe pump as part of their role.

The aim is to teach delegates the theoretical and practical skills required to safely and effectively use syringe pumps.

The course will teach delegates the importance of ensuring the machine is set up correctly before administering any medication through them.

Course Topics



- Recognise when a syringe pump is indicated
- Drug conversions and an understanding of common drugs used
- Assessment and management of breakthrough pain
- Loading procedure of the syringe pump
- Recognise the common alerts and alarms and their meanings
- The importance of good communication skills.

Really informative, also being
able to be hands on with a driver
was really beneficial

Costs:

These sessions are **free of charge** for those who work within the **Heywood Middleton and Rochdale** area.

For those **outside of this area**, there is a charge of **£60**

Dates:

Enquire for details



Verification of Expected Death

for Registered Nurses

**Theoretical training for experienced Band 6 and above Nurses
to enable assessment and verification of an expected death.**

You will:

- Develop the theoretical knowledge and practical skills around the verification of death procedure
- Raise your awareness of professional and legal considerations when verifying an expected death

**There is a requirement for
attendees to arrange a
competent verifier to assess
and sign off their practical
competence.**

Costs:

These sessions are **free of charge** for Hospice & Community RNs within the **Heywood, Middleton and Rochdale** area.

Dates:

are responsive to demand please contact us for details

Brilliant .. thank
you

Enhanced Communication Skills

**A 2 day course for senior health and social care professionals
it is essential to attend both days**

This course involves working with small groups using real life scenarios to explore, support and practice communication skills in a safe space.

This course will:

- Increase awareness of your own non-verbal communication skills and style
- Increase confidence in responding to common communication challenges which might include
 - Information gathering and giving with time constraints
 - Handling strong emotions (e.g. anger/ distress)
 - Shared decision making
 - Breaking bad news
 - Initiating and sustaining end of life conversations
 - Dealing with complaints
 - Working with colleagues

**Places on this
course are
limited to 12**

Costs:

£250 including learning materials

you may be eligible for funding please ring to discuss

Dates: 4th & 5th June

I found it all all really
valuable

Advanced Diploma CPD

HE6 HE7

Multidisciplinary End of Life Care Module

This course is ideal for health or allied health and social care professionals involved in caring for individuals with life-limiting illnesses and end of life care and is not limited to individuals working in the hospice setting.

This advanced professional development course is offered by the University of Bolton in partnership with local hospice providers

This programme adopts a blended learning and teaching style and assessment is through a 20 minute presentation followed by a 20 minute viva.,

We offer a systematic understanding and critical awareness of current problems and new insights in this field.

You will be supported to develop the theoretical knowledge and reflective abilities needed to deliver high-quality physical, social, spiritual and psychological care to those nearing the end of life and their families.

We also focus on helping you to develop a deeper understanding of the importance of inter-professional, multidisciplinary and multi-agency working, crucial in delivering EoLC. Skills in this complex and sensitive area of contemporary health and social care are in increasing demand.

Costs:

£800 for the academic year 2024/25
you may be eligible for funding please ring to discuss

Dates:

This advanced course is run annually in September at Springhill. You can access other dates via University of Bolton. **Please contact us for more details**

The course as a whole was incredibly worthwhile and has enhanced my practice significantly

The module team and Hospice staff were brilliant throughout and the teaching was great

Liked the practical work as it helped me to have a great understanding on how to do things

Foundations of Care in a palliative care setting

This is a comprehensive course that covers all requirements to meet and maintain compliance, to work as a healthcare worker in palliative care.

Along with the 3 core required subjects, this course introduces basic clinical tasks which are commonly seen in the palliative world.

We offer the opportunity to learn and practice basic clinical skills in a realistic simulated environment.

The course has a strong focus on delivering care with compassion, dignity and using appropriate sensitive communication skills.

Session 1

- Moving and handling of a patient
- Maintaining skin integrity, pressure area care
- Personal care
- Effective communication
- Continence management
- Catheter awareness & catheter care
- Understanding of stomas & ostomy management

Sessions 2

- Hydration & nutrition
- Dysphagia (swallowing difficulties)
- Basic life support – Adult Airway & circulatory problems
- First Aid

Session 3

Additional Skills

- Medicine Management including legislation, controlled drug administration,
- PRN medication, drug errors & adverse reactions, safe storage & disposal
- Effective communication and documentation

Costs:

1 person £35 per session or £90 for all 3 sessions

3+ people £30 per person per session or £75 per person for all 3 sessions

Dates:

These sessions are run as a rolling programme through out the year
Please contact us to discuss your requirements and for dates.

These sessions can be accessed as stand alone sessions or as a complete course

a valuable
training session

Seeing The Signs Making The Connection

A half day workshop for Social Prescriber Link Workers
Non clinical staff

Cancer
early identification signs

Palliative Care
Life Limiting Illness

Hospice Services
and Bereavement Support

Dementia

this workshop
will help you to:

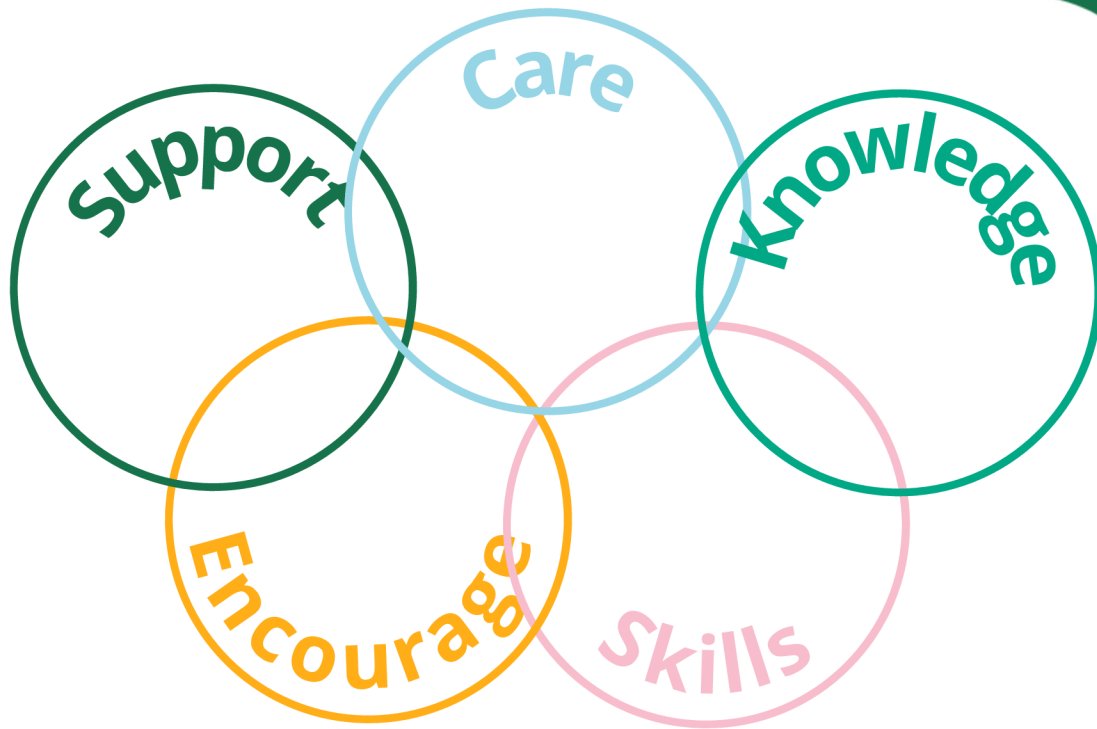
- spot potential early indicators of cancer
- understand palliative care means
- increase your understanding of Hospice services & how to make a referral
- raise awareness of Dementia and practical support measures
- increase awareness around supporting the bereaved and recognising loss

Costs:

These sessions are **free of charge** for **SPLWs** who work within the **Heywood Middleton and Rochdale** area.

Dates:

Enquire for details



www.springhill.org.uk/education

Email: education.springhill@nhs.net

Call: 07847 954970

Visit: Springhill Hospice Education Unit, Carders Court,
23 Ivor Street, Rochdale, OL11 3JA



Book now



Thank you

for taking the time to read through our prospectus.

If you have any specific training needs or questions, don't hesitate to reach out; we're here to help.